

Every few months, I compile a list of articles or videos that had an impact on the way I see the world, think about the future, relate to others. In Tony's Top Reads, I like to share some of these tasty morsels that brought me clarity, perspective or joy.

Habits Millionaires Have in Common

The author got to know 233 millionaires, who had an average net worth of \$4.3 million, and learned about their origin stories, their value systems, their career trajectories, and how they approach their money. I thought you might find this interesting.

Those 529 College Savings Plans can be a Flexible Way to Transfer Wealth

If you thought that 529 "Educational" accounts were just for school expenses, think again. They have great features that include tax deferral, estate planning, and legacy planning.

Think Like a Monk

Think Like a Monk, by Jay Shetty is in the TOP TEN of best books I've read. I'd suggest you read the book, but if you'd like a preview... check out the Summary and Application notes from another fan of Shetty's. He's an expert at combining ancient wisdom with the practicalities of today, and provides essential guidance for traveling a balanced path to success.

Living a Life of Purpose after Retirement: 3 Action Steps to Take

Retirement is a term used to describe the transition a person is going through from one phase of life to another. This book stresses that the success of your retirement transition is predicated on how well you grasp this distinction and your ability to shift your mindset in the three key areas. If you're retired, pre-retired or turning the corner right now, this is a great read.

The Ultimate Productivity Hack is Saying No

How often do people ask you to do something and you just reply, "Sure thing." Three days later, you're overwhelmed by how much is on your to-do list. We become frustrated by our obligations even though we were the ones who said yes to them in the first place. It's worth asking if things are necessary. Many of them are not, and a simple "no" will be more productive than whatever work the most efficient person can muster. But if the benefits of saying no are so obvious, then why do we say yes so often?

As always, please let us know if we can be a sounding board or second opinion for anyone important to you.

We're at your service! — TP.

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